

NEWS BRIEFS

SFS needs your help

Security forces office of investigation is searching for witnesses to vandalism that occurred on base.

At 3 p.m. Feb. 13, concrete walls adjacent to the 8th Logistics Readiness Squadron fuel pumps were found with graffiti on them.

At 11 a.m. Saturday, a personal vehicle was vandalized with extensive damage to the vehicle hood and winshield.

☐ At 1:21 a.m. Saturday, a personal vehicle was vandalized with damage to a mirror.

☐ At 2:30 p.m. Tuesday, a personal vehicle was vandalized. If you have any information about these cases, call Detective Lang Saturnio or Craig Heidenreich at 782-4404.

Need to file taxes?

The wing tax center is open for business in Bldg. 1104. The center offers free tax filing assistance for military members between 8 a.m. and 4 p.m., Monday through Friday. For appointments, call 782-4283 or 782-5746. Walk-ins are helped on a limited basis.

Want to learn Korean?

The base library holds conversational Korean classes from 3 to 4 p.m. every Thursday. The class is free. For more information, call the library at 782-5677.





Capt. Samuel Stitt (left), 80th Fighter Squadron pilot, shows off the "headhunter" greeting with U.S. ambassador to Korea Alexander Vershbow Feb. 17. The ambassador visited Kunsan to get a better understanding of the 8th Fighter Wing's mission.

U.S. ambassador to Kunsan: 'I'm impressed'

Representative to Korea gets first-hand look at Wolf Pack mission

By Airman 1st Class Stephen Collier Wolf Pack public affairs

The U.S. ambassador to the Republic of Korea got a "supersonic" look at Kunsan and the Wolf Pack while touring the base Feb. 17.

Ambassador Alexander Vershbow, who took office Oct. 17, 2005, was given a first-hand look at the base, including the fitness center as well as the 80th and 35th Fighter Squadrons. Later, he got an in-depth look at the Wolf Pack's mission of Taking the Fight North with a back-seat ride in an F-16D.

Prior to his flight, the ambassador said he got a good impression as to why the 8th Fighter Wing was awarded the Air Force outstanding unit award.

"I'm really impressed by the level of training and the level of readiness (here), but also the attention to quality of life on base," he said. "We (the United States) really appreciate the element of sacrifice here since all the troops are without their families."

The ambassador added the Wolf Pack deterrent is very strong and effective because of the capabilities of the forces at Kunsan.

"As I understand, Kunsan plays a very crucial role in providing for our ability to bring in reinforcements, or Follow-on Forces, and they, with the very lethal air forces here, Take the Fight North if war comes," the ambassador said. "But I think by having that capability and by exercising it regularly, no one will mess around with the 8th Fighter Wing or the U.S. Forces in Korea."

Before being escorted to the flightline for his introductory flight, Ambassador Vershbow said he wanted to say thank you to U.S. forces stationed at the Wolf Pack.

"I've been in the diplomatic service now for 29 years and I've worked with the military in a lot of different incarnations, including ... arms control talks, working with NATO and helping to bring peace to the former Yugoslavia," he said.

"Now, I have the extra opportunity to work with the military again in Korea. It's also very important that we are co-located here with the Republic of Korea air force. I understand the sense of partnership and solidarity here are very strong and, of course, that makes the deterrent even more effective. You not only maintain that deterrent, but you give a strong hand to America's diplomats and for that I am especially grateful."

Ambassador Vershbow, a Boston native, served as U.S. ambassador to Russia from July 2001 to July 2005 before taking over the post of ambassador to the Republic of Korea.

In this week's issue ...



Remembering Rosa Parks this February

See Page 2



It's Dental Health Month at the clinic

See Page 5



Diamond Rio entertains the Wolf Pack

See Page 8

Wolf Weather

Hi/Low

Hi/Low

41/31

48/31

Saturday

Partly Cloudy

Tuesday

Mostly Sunny

ther 6-day Forecast

Hi/Low 42/30

Partly Cloudy
Wednesday

Sunday

Wednesday
Hi/Low
39/31
Sunny

Hi/Low 44/30 Partly Cloudy

Monday

Thursday Hi/Low

42/32 Mostly Sunny

2 FEBRUARY 24, 2006 WOLF PACK WARRIOR PERSPECTIVE

Rosa Parks took a seat for freedom to flourish

SPANGDAHLEM AIR BASE, Germany — In October, I was in Texas for a journalist's workshop when I learned by way of a television news ticker that Rosa Parks, often dubbed the "mother of the civil rights movement," died at

The news took my breath away, but it was then I realized a hero doesn't always wear a military uniform or a red cape. This particular heroine instead wore a winter coat to buffer the chill of a Montgomery, Ala., morning in 1955 as she rode the bus to work.

Her quiet rebellion during the Jim Crow segregation era spurred a controversy that soon became the icon of activism for millions who fought for fair treatment of all races.

The choice — one Ms. Parks always described as "unplanned" — to stay put as a white person waited to take her seat, jarred our nation's conscience and earned her the reverence of people the world over who also recognized the importance of freedom.

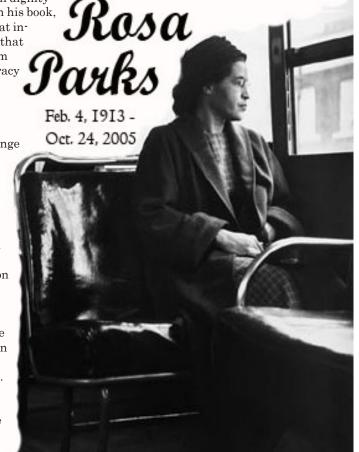
The 380-day bus boycott (where thousands walked to work as far as 20 miles a day) that soon followed Ms. Parks' arrest led to a U.S. Supreme Court decision to desegregate her city's public transportation. A short bus ride detoured to a long journey through humanity by way of mass demonstrations, the introduction of Dr. Martin Luther King Jr. to the world and the transformation of America's homes, schools and workplaces into hotbeds of change.

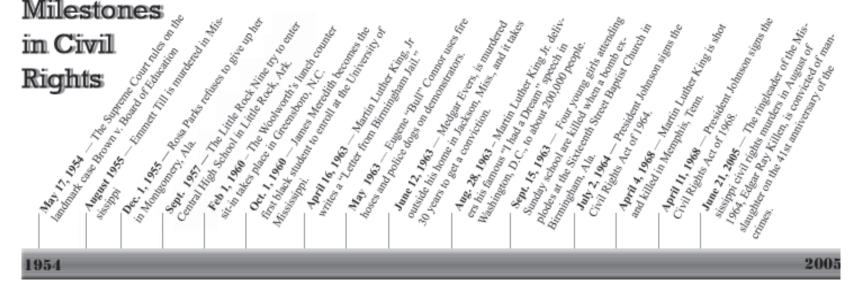
The "timeless longing for human dignity and freedom," as Dr. King wrote in his book,
"Stride Toward Freedom," was what inspired Ms. Parks and generations that spired Ms. Parks and generations that followed. Our stride toward freedom remains the cornerstone of democracy as it was since the birth of our

As the news scrolled past the bottom of my television screen, I understood the power of one to change the lives of many. Conversely, I realized servicemembers are a broad spectrum of thousands, yet we can change lives as a unified force. Ms. Parks, a humble seamstress turned civil rights activist, garnered numerous humanitarian and achievement awards. In 1999. President William Jefferson Clinton presented her with the nation's highest civilian honor: a Congressional Gold Medal.

"We must never forget about the power of ordinary people to stand in the fire for the cause of human dignity," the former president said.

Here's to the Airmen and our sister services — ordinary people who, not unlike Rosa Parks, make an extraordinary commitment to freedom each day. (AFPN)







ACTION LINE

The Action Line is a direct line to me. Call 782-2004 and include your name, telephone number and a brief description of your problem. You can also send an e-mail to 8 FW/CC Action Line.

Vol. 21, No. 7 February 24, 2006



'Defend the Base, Accept Follow-on Forces, Take the Fight North' **EDITORIAL STAFF**

Capt. Richard Komurek . Chief, public Deputy public affairs 1st Lt. Brooke Brander This edition of the Wolf Pack Warrior is a funded Air Force newspaper

and an authorized publication for members of the U.S. military services overseas. Contents of the Wolf Pack Warrior are not necessarily the official view of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Air Force. The editorial content is edited, prepared and provided by the 8th Fighter Wing Public Affairs Office of Kunsan Air Base, Republic of Korea. All photographs are Air Force photographs unless otherwise indicated.

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not guarantee publication. The staff reserves the right to edit all submissions to conform to Air Force journalism standards, local style and available publication space. Submissions should be e-mailed to WolfPack@ kunsan.af.mil and include the author's name, rank and duty phone. Fax and typewritten submissions are also accepted.

HOW TO REACH US: People with questions, comments, suggestions

or submissions can contact the public affairs office at: 8th FW/PA, PSC

PHONE NUMBERS TO USE

AAFES Customer Service 782-4426	
Area Defense Council 782-4848	;
Base Exchange 782-4520)
Chapel	
CES Customer Service 782-5318	
Commissary Manager 782-4144	ļ
Civ. Personnel Office 782-4570)
Education Office 782-5148	
Dining Hall 782-5160)
Fitness Center 782-4026)
Golf Course	,
Housing Office 782-4088	
Inspector General 782-4850)
IDEA Office 782-4020)
Law Enforcement Desk 782-4944	
Legal Assistance 782-4283	;
Military Equal Opportunity 782-4055	
Military Pay 782-5574	ļ
Military Personnel Flight 782-5276)
Medical Patient Advocate 782-4014	ļ
Network Control Center 782-2666	
OSI	
Public Affairs 782-4705	,
Sexual Assault Response 782-7252	
Telephone Repair 119)

Airmen from PACAF respond to killer Philippino mudslide

CLARKAIR BASE, Philippines -Airmen from Yokota Air Base, Japan, Andersen AFB, Guam and Kadena AB, Japan, who were in the Philippines as part of an annual bilateral exercise, are providing real-world humanitarian assistance after mudslides engulfed a village and 1,800 people Feb. 17.

U.S. Pacific Command authorized approximately 5,500 U.S. troops already in the region, as part of a bilateral exercise called Balikatan, to assist in disaster relief and humanitarian assistance shortly after a mountain overlooking a village in the southern part of Leyte Island in the Philippines disintegrated into mud following two weeks of steady rain.

Yokota's 36th Expeditionary Airlift Squadron, which flies C-130 Hercules, has already transported more than 40 people and several tons of equipment, including a forklift, to be used in the relief efforts.

"First of all, our thoughts are with the families who lost members in the mudslide," said Lt. Col. Bill Summers, 36th EALS commander. "We are ready to assist along with our sister services in supporting the relief efforts of the Philippine govern-

According to reports, the village is so remote it takes five to six hours to get there from the nearest airport in Leyte's provincial capitol, Tacloban, which is about 400 miles south of the Philippine capitol of Manila.

Yokota is the airlift hub of the Pacific, we stand ready and able to get whatever is needed to assist in the effort," Col. Summers said. "The 36th trains for all sorts of contingencies and I'm confident we'll be able to get the much needed supplies and equipment to the affected areas as quickly as possible."

In addition to the 36th EALS, the 36th Contingency Response Group from Andersen is providing assis-

The group, which consists of the 736th Security Forces Squadron and 36th Mission Readiness Squadron, deployed to Clark Air Base in early February to open the air base in preparation for the upcoming ex-

The group's mission is to be on 12-hour alert and ready to open an airfield or engage in any other mission as Pacific Air Forces sees fit. In 2005, they assisted with tsunami relief efforts in Southeast Asia, deployed to the Kamchatka Peninsula to aid in the rescue of the trapped Russian submariners and traveled to Mongolia in support of the president's tour.

Pararescuemen from the 31st Rescue Squadron at Kadena were also assisting in the relief effort.

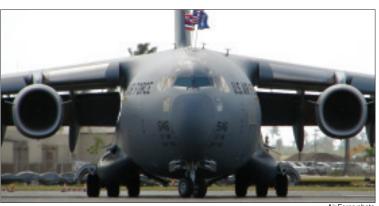
Additional Airmen throughout the Pacific theater are gearing up to support as needed.

The 15th Airlift Wing at Hickam AFB, Hawaii is on alert to deploy C-17 Globemaster IIIs and supplies to the region.

The Hickam C-17 is the first such aircraft to be permanently based outside the U.S. mainland and is jointly flown and maintained by active-duty and Hawaii Air National Guard Airmen.

The Kenney Warfighting Headquarters, also based at Hickam, is coordinating PACAF's support to the

So far, 56 bodies have been found and 906 people are officially listed as missing, but the Philippine National Red Cross fears the numbers of dead will drastically increase, according to reports. (AFPN)



The Spirit of Hawai'i-Ke Aloha arrives at Hickam AFB, Hawaii, for its welcome ceremony. A C-17 Globemaster III like this deployed to support relief efforts Monday in the Philippines.

Hickam flies contingency response mission

HICKAM AIR FORCE BASE, Hawaii — Active-duty Airmen and Guardsmen from Hawaii are flying a C-17 contingency response mission to support relief efforts in the Philippines.

The split crew of active-duty Airmen from the 535th Airlift Squadron and Guardsmen from the Hawaii Air National Guard's 204th Airlift Squadron departed Hickam AFB Monday carrying meals ready to eat, water, cots, tents, heavy equipment and personnel from Hickam's 15th Airlift Wing to assist in disaster relief and humanitarian assistance after a massive mudslide in the region Feb. 17.

The 535th and 204th pulled together to make this mission happen and all the way from planning to execution, It was truly a total force effort. I can't be more proud," said Lt. Col. Chris Davis, 535th Airlift Squadron commander.

Originally scheduled as a maiden mission with a Hickam C-17, a Charleston AFB, S.C., C-17 training in Hawaii was quickly substituted for the flight after a maintenance problem was discovered.

"We're in the middle of the Pacific so we have reach in multiple directions," said Capt. Jason Mills, a C-17 pilot from the 15th Operations Support Squadron who coordinated the short-notice mission. "From the South Pole to Australia to New Zealand and anywhere in East Asia, our location allows us to respond to typhoons, mudslides, tsunamis and other major contingencies faster, and with a larger airframe we can move more to affected areas with fewer flights."

The mission came just days after the first of eight PACAF C-17s, which will be flown and maintained jointly by active-duty Airmen and Guardsmen, arrived at the base.

"It's a nice mix. We bring different experiences to the table. The Guard guys have a lot of flying experience and the activeduty guys have a lot of C-17 experience, so it's a wonderful mix coming together," said Lt. Col. Alvin Alana, 204th Airlift Squadron. "When you get to do something like this that is helpful, it's an awesome feeling. (AFPN)

Cultural Corner

South Korea's population

Did you know?

South Korea has a population of about 48.4 million. Nearly one in every four South Koreans live in the capital city of Seoul (population of nearly 10.4

South Korea is estimated to have the 10th largest economy in the world (2004), surpassing Mexico who ranked number



South Korea ranks number one in shipbuilding and is second in the world for the sales of semiconductors (2004). South Korea

is the world's fifth largest steel producer and ranks number six in automobile production (2003).

South Korean income per capita for 2004 is estimated to be \$19,200, which is slightly less than Israel (\$20,800) and higher than Portugal (\$17,900) and Puerto Rico (\$17,700).

For more interesting facts about Korea visit the Korean Government English website at www.korea.net.

Information courtesy of the Korean Overseas Information Service and CIA World Factbook.

OF THE



Staff Sgt. Maripi Whitman

Unit: 8th Medical Operations Squadron **Duties:** Dental laboratory NCO in charge Hometown: Manila, Philippines Hobbies: Stained glass and custom framing Favorite music: Rhythm and Blues Follow-on: Lackland AFB, Texas Last good movie: "The Great Raid" Best thing you've done here: "Initiated Red Cross Dental Assistance Program."



"Since she arrived at Kunsan in April, Staff Sgt. Whitman has wing and has been actively involved throughout the wing and in the

Her dedication has resulted in the clinic's ability to surpass last year's productivity levels by 23 percent, while accumulating 424 volunteer service hours.

Sgt. Whitman also researched the Lab workstation and equipment needs for Kunsan's future dental clinic projected to be built in 2008. Her suggestions to the Dental Flight commander resulted in changes and an increase in lab space allocation in the program for design."

> Lt. Col. Janes Vesel-Hendricks 8th Medical Operations Squadron commander

NEWS

ARTICLE 151

☐ A staff sergeant from the 8th Aircraft Maintenance Squadron received Article 15 punishment for dereliction of duty; violation of Article 92 of the UCMJ. The NCO's commander imposed the following punishment: forfeiture of \$200 pay, restriction to Kunsan AB for 30 days and a reprimand.

☐ A senior airman from the 8th Aircraft Maintenance Squadron received Article 15 punishment for dereliction of duty and false official statement; violations of Articles 92 and 107 of the UCMJ.

The Airman's commander imposed the following punishment: suspended reduction to the rank of airman first class, forfeiture of \$200 pay, restriction to Kunsan AB for 30 days and

☐ A senior airman from the 8th Aircraft Maintenance Squadron received an Article 15 punishment for disrespect toward superior noncommissioned officer, dereliction of duty, provoking speeches and gestures and drunk and disorderly; violations of Articles 91, 92, 117 and 134 of the UCMJ. The Airman's commander imposed the following punishment: forfeiture of \$250 pay, restriction to Kunsan AB (including restriction from base establishments that serve alcohol) for 14 days and a reprimand.

☐ A senior airman from the 8th Aircraft Maintenance Squadron received an Article 15 punishment for being absent without leave and giving a false official statement; violations of Articles 86 and 107 of the UCMJ. The Airman's commander imposed the following punishment: reduction to airman and restriction to Kunsan AB for 15 days.

■ An airman first class from the 8th Aircraft Maintenance Squadron received an Article 15 punishment for dereliction of duty; a violation of Article 92 of the UCMJ

The Airman's commander imposed the following punishment: reduction to airman, forfeiture of \$200 pay, restriction to Kunsan AB (including restriction from base establishments that serve alcohol) for 45 days and a

☐ A staff sergeant from the 8th Maintenance Squadron received an Article 15 punishment for wrongful appropriation; a violation of Article 121 of the UCMJ. The NCO's commander imposed the following punishment: suspended reduction to senior airman and a reprimand.

☐ An airman first class from the 8th Maintenance Squadron received an Article 15 punishment for dereliction of duty; violation of Article 92 of the UCMJ.

The Airman's commander imposed the following punishment: reduction to airman, suspended forfeiture of \$500 pay for two months, restriction to Kunsan AB for 60 days and a reprimand.

☐ An airman first class from the 8th Maintenance Squadron received an Article 15 punishment for giving a false official statement; violation of Article 107 of the UCMJ. The Airman's commander imposed the following punishment: reduction to airman, suspended forfeiture of \$500 pay for two months, restriction to Kunsan AB for 60 days and a repri-

(Editor's note: Information for this column is provided by the 8th Fighter Wing legal office. The above individuals were punished under Article 15 of the Uniformed Code of Military Justice.)

It takes a little energy to save a lot

Wolf Pack reminded to turn the light off

By Master Sgt. Anthony Davis Wolf Pack public affairs

Whether it's turning down a thermostat or flipping off a light switch, the Wolf Pack can take control in the battle against rising energy

Pacific Air Forces is making its bases more responsible for their energy usage through a 5-percent reduction in funds this year, according to Mr. Tom Byrne, 8th Civil Engineer Squadron resource efficiency manager.

"This will significantly reduce the money we have to put toward infrastructure," Mr. Byrne said. "Wolf Pack members can do their part by just turning off lights and office equipment."

By reducing energy consumption, the Wolf Pack can help the base meet the requirements of Executive Order 13123, which requires a 35-percent reduction in energy usage in government facilities by 2010.

You have to do your part where you live and work," Mr. Byrne said. "The electricity on base isn't free; it's an expense that has to be budgeted for."

Recent increases in fuel costs for heating have taken a large chunk out of that budget, according to Mr. Byrne. The base also sees an automatic 5-percent increase in its annual electricity bill, "but with the increase in world-wide fuel prices, we can expect the cost of producing elec-

Energy conservation

Now there's a BRIGHT idea!

You see and hear it in the news every day," Mr. Byrne added. "We are trying to reduce our dependency on foreign oil, and one way to do that is through conservation."

Wolf Pack members can report unnecessary

tricity to be passed along."

and excessive energy usage to Capt. Kurt Muller, the base energy manager, at 782-0970.

At a glance ...

Conserving energy

- ☐ Turn off lights and equipment when not needed.
- ☐ Ensure monitors are set for hibernation mode (screen savers waste energy).
- ☐ Turn off dormitory room lights and appliances.
- ☐ Fluorescent lights do not save energy. Ensure they are turned off when not in use.

(For more tips on how to save energy, see 8th Fighter Wing Instruction 23-302, paragraph 2.1.2.)



Lt. Gen. Leo Marquez (ret.) presents Senior Airman Caitlin Kempf with the Leo Marquez Award while visiting Kunsan Feb. 17. Airman Kempf was presented the award for outstanding proficiency in her duties. "I was suprised because I won the award at Pacific Air Forces level," Airman Kempf said. "It was an honor to actually meet him (Gen. Marquez)." Airman Kempf is a voice network systems technician with the 8th Communications Squadron.

Get your teeth examined lately?

Dental month shows do's and don'ts of teeth, gum maintenance

By Airman 1st Class Stephen Collier Wolf Pack public affairs

February is Dental Health Month and the 8th Medical Operation Squadron's Dental Flight is willing and ready to keep Wolf Pack members on track, or help them get back on track, with good oral hygiene practices.

While providing suggestions for common oral hygiene practices, the Dental Flight is charged with maintaining a high degree of dental readiness for wing personnel by ensuring Wolf Pack members are qualified and fit to fight worldwide, said Lt. Col. Greg Gates, Dental Flight commander.

"Our mission is to oversee and manage the dental readiness status of the wing, the units and, most importantly, the individual," Col. Gates said. "We have maintained a very high state of dental readiness with less than two percent of the Wolf Pack overdue for their annual dental exams or who have serious or

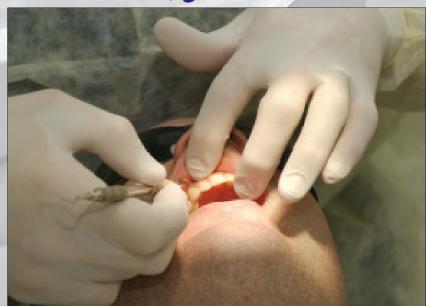
urgent dental needs."

Through the American Dental Association's Dental Health Month, the dental clinic wants every member to know their mission: "Performing effective dental home care daily keeps you healthy now and prevents long-term, time-intensive and expensive oral problems in your future."

"We want to encourage people to make sure they're brushing effectively a couple of times a day and flossing daily to prevent cavities and gum disease," Col. Gates said.

But cavities and gum disease don't just come from raiding the cookie jar or scarfing on that sugar-loaded candy bar. Oral hygiene problems can also stem from a member's lifestyle to something many people are no stranger to at Kunsan: alcohol and tobacco products.

"Moderate to heavy alcohol use, smoking and smokeless tobacco can all have very harmful oral effects." Col. Gates admitted. "Use



Staff Sgt. Lee Walden, 35th Aircraft Maintenance Unit, gets a check up by the gentle hands of dental assistance Staff Sgt. Marcus Benjamin.

these products and you can expect bad breath, dry and inflamed gums, sensitive teeth, lost gum tissue attachment and soft tissue changes in the mouth that may eventually lead to pre-cancerous or cancerous conditions."

In short, the dental clinic keeps Wolf Pack's warfighters in their duty section instead of staring at the ceiling and the glaring light above the dentist's chair.

"We try to diagnose dental needs while they are minor; before they have a chance to get to be significant problems, which can then require extensive treatment," Col. Gates said. "Those types of problems could take the member away from his or her duty section multiple times for longer appointments. We are also there to relieve pain and restore teeth to esthetic form and function and to take care of any other diagnosed problems."

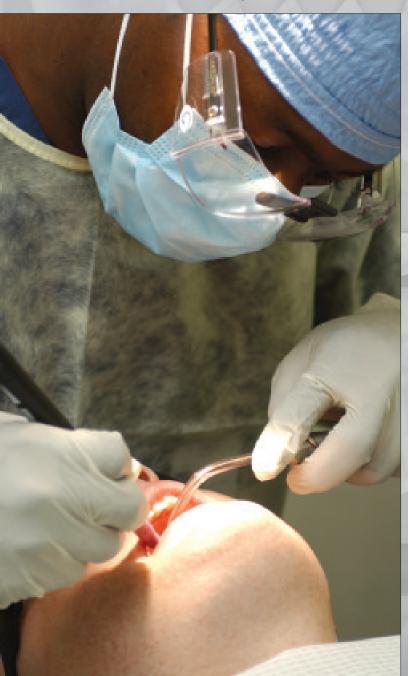
Senior Airman David Hellard, a dental technician within the flight, said the dental clinic's main mission is to keep flyers flying.

"It's everyone's mission to make sure our pilots are ready to go at a moment's notice," Airman Hellard said

"But, we also focus on preventative maintenance so dental problems don't progress to a nondeployable situation. In many places, especially deployed locations, there is no place to get some of these problems fixed. Just remember, no one wants to work on jets when it's cold and your toothache gets more excruciating throughout the day."

Col. Gates added it means a lot to be a part of a dental and medical team that provides needed care to its fellow warriors.

"We're all working together for a common goal to defend the cause of freedom," he said. "It's gratifying that we can provide high quality care and services for all of our military beneficiaries. We (the dental clinic) take a lot of pride in helping people maintain good oral health"



Photos by Staff Sgt. Josef Cole
Senior Airman Jermaine Watkins takes a look at the teeth and gums of
Tech. Sgt. Dustin Ringenberg. Sgt. Ringenberg works for the 8th Fighter
Wing command post.

At a glance ...

Gum and teeth maintenance

☐ Use a soft brush and a short, gentle circular technique around the gum line when brushing to prevent tooth erosion and gum

abrasion. The chewing surfaces may be scrubbed as well.

Limit the frequency of soda intake to reduce exposure of teeth to sugar and acids. If one does drink soda, limit intake to meal time.

☐ Take the time to floss daily. Most people are more susceptible to gum disease than cavities after their early 20s.

DON'TS

☐ Suck too much on hard candy. This can lead to erosion of teeth and cavities.

☐ Use smokeless tobacco. It can lead to cavities, gum attachment loss, premature tooth loss and cancer.

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Photo by Airman 1st Class Stephen Collie

BALANCING ACT

First Lt. Liz Latella (right), 8th Civil Engineer Squadron, performs "the dancer" during yoga class Wednesday night at the fitness center. "Yoga helps to improve balance, flexibility and strength," said 1st Lt. Brooke Brander, the Kunsan yoga instructor. "This is a total body workout that helps relax you after a hard day's work." Yoga classes are offered at 5:30 p.m. Monday, 7:30 a.m. Wednesday and the class alternates with pilates on Saturdays at 10 a.m.

Fighting the flu:

Vaccines and anti-viral medications

At a glance ...

distance is ideal.

Avoiding influenza

strains of the virus from mutating.

against the spread of germs.

are thoroughly cooked.

Get the flu shot - The shot will protect

Avoid contact - Avoid getting into close

Hand washing - Use warm soap and wa-

Prepare food properly - For persons liv-

against seasonal influenza and help prevent

contact with sick people. Keeping a three-foot

ter thoroughly for 20 seconds at a time. Alco-

hol-based gel products can also help protect

ing outside the United States, eat food only

from approved sources. Ensure meat and eggs

(Editor's note: Information for this column is provided by Pacific Air Forces surgeon general's office. For more on medical information, consult your primary care manager.)

In general, flu viruses are transmitted from person to person by breathing in respiratory droplets caused by coughing and sneezing. Sometimes, however, people become infected by touching a surface with flu viruses on it and then touching their mouth or nose.

Good hand-washing habits will help prevent flu from spreading. But vaccination is recommended to provide the body with antibodies that help fight off or prevent infec-

The manufacturing of flu vaccines is a tedious and complicated process that involves hundreds of millions of egg

cultures. The process generally takes six to nine months to complete. And each year, because the flu viruses readily undergo genetic changes, a new vaccine has to be developed in order to be effective against the "new' strain.

Should the avian influenza "bird flu" virus currently circulating in Asia and Europe become easily transmissible from person to person, the virus will likely have undergone significant genetic changes that will necessitate the production of a specific vaccine.

And though several countries, including the U.S., are developing vaccines using the 2004/2005 avian flu strains, how effective they may be at the outset of a pandemic is unknown.

The need to shorten the production cycle is critical to having a vaccine to protect us from a new pandemic flu virus. To address this issue, Congress recently approved approximately \$4 billion for the development of more sophisticated techniques to manufacture vaccines more quickly and better meet the demand.

If no vaccine is available, most people will need to rely on traditional public health measures to lessen the possibility of contacting the flu.

Common tactics include reducing contact with persons who may be ill, washing hands frequently and thoroughly, cover-

ing coughs with one's hand, telecommuting to work, keeping children out of school, and so on.

In the absence of a vaccine, physicians also look to specific drugs called antivirals to help prevent infection or to treat people who have been infected. When used properly along with other traditional public health measures, these antiviral drugs may help to bring under control the earliest cases of a potential pandemic and prevent the virus from spreading globally.

There are two different classes of antiviral drugs, the admantanes and the neuraminidase inhibitors. Due to their demonstrated resistance to seasonal flu viruses, the admantanes are not considered effective for treatment of avian flu

Therefore, the neuraminidase drugs - including

Oseltamivir (also known as Tamiflu) and Zanamivir (Relenza) are the most likely candidates to treat pandemic avian flu because they are newer and have not yet built up resistance.

Antiviral drugs of any kind. however, have their drawbacks. Tamiflu must be used within 48 hours of exposure (even before symptoms appear) to be effective. Relenza cannot be used until after symptoms appear. Another drawback is that both of these medicines are currently in short sup-

The Swiss-based drug company Roche holds the patent on Tamiflu and is presently the only source of the medicine. However, the company is working with many other pharmaceutical manufacturers in the hope of increasing production

to meet global demand.

Because Tamiflu is in short supply, its use may be limited to treatment of the sick rather than as a preven-

The Department of Health and Human Services and the Department of Defense are creating stockpiles of Tamiflu vaccine and other antiviral medicines.

Supplies of both of these will likely increase over time as production capacity is increased in facilities located in the U.S. and overseas.

(This is part two in a three-part series of information on pandemic influenza.)

STANDINGS

As of Wednesday

INTRAMURAL BASKETBALL

PLAYOFFS

CHAMPIONSHIP BRACKET

LOSER'S BRACKET

8 MXS

8 SVS/MSS

Med Dawgs 8 LRS Team Three 8 CS 8 AMXS Defenders Cold Steel Juvats

Fire Dawgs

Game five results 8 MXS 35, Med Dawgs 27

Game six results 8 MSS/SVS 56, 8 LRS 48

Game seven results 8 CES 44, 8 CS 40

Game eight results

Game nine results 8 LRS wins after Cold Steel forfeit

Game 10 results 35 FS 45, Med Dawgs 37

SEE NEXT WEEK'S WOLF PACK WARRIOR FOR COVERAGE OF THE 2006 **INTRAMURAL BASKETBALL CHAMPIONSHIP**

Sports/Fitness Briefs

Coaching positions

The varsity softball and volleyball seasons approaching and the fitness center is accepting applications for head coach positions. To apply, submit a resume to the fitness center. For questions or for more information, send an email to jason.andrews@kunsan.af.mil or call 782-4026.

Volleyball clinic

Wolf Pack members interested in officiating or keeping score of volleyball games at the fitness center should attend the Volleyball Officials and Scorekeepers Clinic at 9 a.m., Feb. 25 at Bldg. 908. Positions are open to Airmen NCOs and officers.

Volleyball signup

Wolf Pack members ready to participate in the 2006 intramural volleyball season can get a head start with a tournament March 4 through March 5. Sign up for the tournament by Thursday. For more information, call the fitness center at 782-4026.

Remember your points in ...



TODAY

Karaoke night — The Falcon Community Center's karaoke night runs from 9 p.m. to 3 a.m.

Club events — The Loring Club's super social hour starts at 5:30 p.m.

SATURDAY

Kunsan Idol — The Falcon Community Center hosts the third round of the 2006 Kunsan Idol competition at 6 p.m.

Music request night — The Falcon Community Center's music request night runs from 8 p.m. to

Eight-ball tournament — The Loring Club hosts an eight-ball tourney beginning at 5 p.m.

Gunsan City Walking Tour — The Airmen support center offers a Gunsan City walking tour beginning at 9:30 a.m. to 4:30 p.m. Areas of the tour include a Buddhist temple, Wolmyeong Park, ferry landing, train station, shopping district, and

Individuals are required to bring \$20,000 won for local bus transportation, lunch and incidentals. To register for the trip, cal 782-5644.

SUNDAY

Dominos — Domino action starts at 7 p.m. at the Loring Club.

Sunday brunch — The Loring Club serves Sunday brunch from 10:30 a.m. to 1 p.m. Dollar days — People can bowl for \$1 per game

with 75-cent shoe rental at the Yellow Sea Bowling

Spades tournament — The Falcon Community Center hosts a spades tournament at 4 p.m.



USFK AND KUNSAN NIGHTLY NEWS

BEGINNING MONDAY, CATCH THE LATEST NEWS FROM KUNSAN AT THE **FOLLOWING TIMES:** 6:45 AND 10:15 P.M.

CHECK OUT WOLF PACK RADIO ON 88.5 F.M. FROM 5 A.M. - 9 A.M. AND 3 P.M. - 6 P.M.

For more information, call 782-4373

CHAPEL SERVICES

CATHOLIC SERVICES

Daily Mass — 11:30 a.m. Monday through Thursday

Weekend Mass — 9 a.m. and 8 p.m. Sundays Reconciliation — Weekdays by appointment, 4:30 p.m. Saturday, 8 a.m. Sunday R.C.I.A. classes — 7 p.m. Wednesday, chapel conference room

PROTESTANT SERVICES

General worship — 11 a.m. Sunday Contemporary praise and worship — 6 p.m. Sunday

Gospel service — 1 p.m. Sunday Inspirational praise and worship service — 7:30 p.m. Friday

LATTER-DAY SAINTS SERVICES

Weekly service — 3:30 p.m. Sunday

CHURCH OF CHRIST SERVICES

Weekly service — 1:30 p.m. Sunday, Sonlight Inn

SONLIGHT INN HOURS

6 to 10 p.m. Tuesday through Thursday, 6 p.m. to midnight Friday, 4 p.m. to midnight Saturday and holidays.

MONDAY

Pool tourney — The Loring Club's nine-ball pool tournament starts at 7 p.m.

Pizza special — The Loring Club serves 50-cent pizza slices from 6 to 8 p.m.

Free junior-enlisted bowling — Beginning at 6 p.m., ranks E-1 through E-4 bowl free. Limit three games per person.

TUESDAY

Yellow Sea Bowling Center — Ladies bowl for free starting at 6:30 p.m.

Dart tournament — The Loring Club hosts a dart tourney beginning at 7 p.m.

Cooking Class — The Airmen support center offers a Korean cooking class from 11:30 a.m. to 1 p.m. at the Sonlight Inn. Registration required. Call 782-5644 for more information.

WEDNESDAY

Social time — The Loring Club's super social hour begins at 5:30 p.m.

Reunion briefing — The Airmen support center's return and reunion briefing starts at 3 p.m. in the Health and Wellness Center classroom at the Wolf Pack Fitness Center.

This mandatory briefing addresses challenges facing single and married military members preparing to return to their families.

Yellow Sea Bowling Center — Bowl for 75 cents per game.

Karaoke night — The Falcon Community Center's karaoke night runs from 8 p.m. to midnight.

THURSDAY

Orphanage visit — The Airmen support center's weekly Korean orphanage outing leaves the military personnel flight parking lot at 6:15 p.m.

The weekly outings give base people a chance to interact with local Korean orphans. To register, call 782-3772.

Dollar day — Bowl for \$1 per game at the Yellow Sea Bowling Center.

UP 'N' COMING

CAC tours — The Falcon Community Center sponsors a tour to the Ich'on pottery village and Osan shopping area March 4.

For more information or to sign up for the trip, call 782-4619.

CAC tours — The Falcon Community Center sponsors a tour to a local Korean folk village March 5. The deadline to sign up is Thursday.

For more information or to sign up for the trip, call 782-4619.

To submit events for 7-Days, send an e-mail to WolfPack@kunsan.af.mil. Submissions are due by noon Thursday one week prior to publication and must include time, date and location of the event and the contact's daytime phone number. For more information, call 782-4705.

AT THE MOVIES

"FIREWALL"

Rating: PG-13 for violence

Staring: Harrison Ford and Paul Bettany Synopsis: Jack is a bank security expert whose specialty is designing infallible theftproof financial computer systems. But there's



a hidden vulnerability in the system he didn't account for - himself. When a ruthless criminal mastermind kidnaps his family, Jack is forced to find a flaw in his system and steal \$100 million. With the lives of his wife and

children at stake and under constant surveillance, he has only hours to find a loophole in the thief's own impenetrable system of subterfuge and false identities to beat him at his own game.

Show times: 7 and 9:30 p.m. today and 7 p.m. Saturday

"RUMOR HAS IT"

Rating: PG-13 for thematic material, sexual content, crude humor and drug reference Staring: Jennifer Aniston and Kevin Costner Synopsis: Sarah's life is in a tailspin. She's finally agreed to marry her boyfriend Jeff, but isn't at all sure that marriage is what she really wants - in fact, she's not sure what she wants in general.

As conflicted as she is about her love life, her professional life isn't much better - an aspiring journalist, Sarah's career has stalled at the New York Times obituary column.

Show times: 9:30 p.m. Saturday

"YOURS, MINE AND OURS"

Rating: PG for crude humor

Staring: Tilda Swinton and Georgie Henley Synopsis: A widow and widower fall in love and get married, but the resulting combined eighteen children make for a hair-raising situation under one roof.

Show times: 6 p.m. Sunday

"ICE HARVEST"

Rating: R for violence, language and sexuality Staring: Clive Owen and Jennifer Aniston Synopsis: In icebound Wichita, Kan., it's Christmas Eve and this year Charlie Arglist iust might have something to celebrate. Charlie, an attorney for the sleazy businesses of Wichita, and his unsavory associate, the steely Vic Cavanaugh has just successfully embezzled \$2 million from Kansas City boss Bill Guerrard. But the real prize for Charlie is the stunning Renata who runs the Sweet Cage strip club.

Show times: 8:30 p.m. Sunday

WOLF PACK WHEELS SCHEDULE

Kunsan AB to E-Mart shuttle

Tickets are \$5 (departs from community center) Weekends 10 a.m., noon, 2, 4 and 6 p.m.

E-Mart to Kunsan AB shuttle

Tickets are \$5 (departs from in front of store) $11\ a.m.,\ 1,\ 3,\ 5\ and\ 6{:}30\ p.m.$ Weekends Kunsan AB to Osan shuttle

One-way for \$12.50 or \$11.50 and round trip for \$25 or \$23. Discount is for Airman morale program members (departs from community center) Monday to Thursday 7:30 a.m. and 1 p.m.

Friday 7:30 a.m., 1 and 6 p.m. Saturday 7:30 and 10 a.m. 7:30 a.m. and noon Sunday

Osan to Kunsan AB shuttle

One-way for \$12.50 or \$11.50 and round trip for \$25 or \$23. Discount is for Airman morale program members (departs from Checkertails Cafe) Monday to Thursday noon and 6 p.m.

Friday Saturday Sunday

noon and 10 p.m. noon and 4 p.m. noon and 5 p.m.

Kunsan AB to Kunsan city shuttle One-way is \$3 and round trips for \$5 (departs from Friday and Saturday 7 and 8 p.m.

Kunsan city to Kunsan AB shuttle

One-way is \$3 and round trips for \$5 (departs from Kentucky Fried Chicken) \\ Friday and Saturday 11 p.m. and midnight

Kunsan AB to Incheon Airport shuttle \$27.50 or \$25 for Airman morale program members (departs from community of Available daily $3:30\ a.m.,\ 2\ and\ 6:30\ p.m.$

Incheon Airport to Kunsan AB shuttle

\$27.50 or \$25 for Airman morale program members (departs from gate 11) Available daily $8:\!30~a.m.,\,7:\!30~and\,11:\!30~p.m.$

For details on transportation, call the Falcon Community Center at 782-4619

8 FEBRUARY 24, 2006 WOLF PACK WARRIOR COMMUNITY



Tech. Sgt. Julius Parker, 8th Fighter Wing safety, speaks to Col. Chris "Wolf 2" Chambliss, 8th Fighter Wing vice commander, about what he is wearing for the fashion show Monday. The African-American Heritage lunch is Tuesday in the Loring Club at 10:30 a.m. The menu is soul food buffet and costs \$8 for club members and \$10 for nonmebers. To buy tickets, contact Tech Sgt. Lenore Cobb at 782-4111.





Maj. Jarrard Galbreath, 8th Mission Support Squadron commander, cuts up for the crowd as he struts down the shows runway.

IN THE TRENCHES ... How would you make Kunsan better?



Airman 1st Class Jacquard Lee "I would let everybody, no matter what rank, be able to bring your car to Kunsan."



Private First Class Matthew Reed after spending more than nine months at Kwang-Ju."



Senior Airman **Candace Sellers** "This place is already good "Let Air Force members take food out of the dining facility in or out of uniform."



Senior Airman Steven Kornutiak "I would revamp the base theater with better seats and sound system."



Staff Sgt. Demetrius Best "I would allow POVs for staff sergeants and above."



SINGIN' FOR THE AIRMEN

Mr. Gene Johnson, Mr. Marty Roe and Mr. Dana Williams of Diamond Rio play for members of the Wolf Pack Feb. 16. Diamond Rio made their first stop at Kunsan as they sweep through the Pacific playing for servicemembers.

Congratulations to the graduates of Kunsan's first term Airmen's center

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Airmen 1st Class	Corey Hall	Airmen
Nicholas	Amanda Joyce	Yvonne Solorio
Brockington	Webster Luce	Derrell Walker
Ryan Broems	Irving Ramirez-Vega	James Butler
Damion Coke Jonathan Daven- port	Celebrity Robertson	Kevin Matanich
	Christopher Smith	Melissa Miller
Ann Grizzle	Romeko Simmons	Rebeka Bickford